

DIP BENCH

FSW202



Item no. FSW20200-0901

General Product Information

Dimensions LxWxH	6'5"x1'9"x2'5"
Age group	13+
Capacity (users)	2
Color options	 



A row of parallel handle bars suitable for the more advanced hand balancing exercises such as hand stand pushups. Also perfect for dips, an ideal exercise for strengthening the chest, shoulder and arm muscles. Rounded corners make it safe and simple for anyone to try exercises in which they try to swing their legs over the bar. The Dip Bench has a clear

instruction sign showing the basic exercise and a QR code. By clicking on the QR code users can connect to the KOMPAN Fitness App, where they will find multiple exercises and workouts at every level.



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Post are made of 101.6 x 2mm, pre-galvanized carbon steel and powder coated, a great protection to all conditions.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



Bars intended as grips during exercises are made of hot-dip galvanized steel ø38mm. A great diameter to support the wrist when doing dips or handstands.

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Installation Information	
Max. fall height	2'5"
Safety surfacing area	111 ft2
Numbers of installers (persons)	2
Total installation time	2.6
Excavation volume	0.14 yd3
Concrete volume	0.00 yd3
Footing depth (standard)	2'11"
Shipment weight	136 lbs
Anchoring options	In-ground <input checked="" type="checkbox"/> Surface <input checked="" type="checkbox"/>
Warranty Information	
HDG structural parts	Lifetime
Post	10 years
Connectors	10 years
Spare parts guaranteed	10 years



All KOMPAN fitness products are compliant with the ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed as a static test by adding dynamic factors as well as safety factors to the specified load of 78kg per user. A product intended for 1 user is loaded with 420kg.



The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.



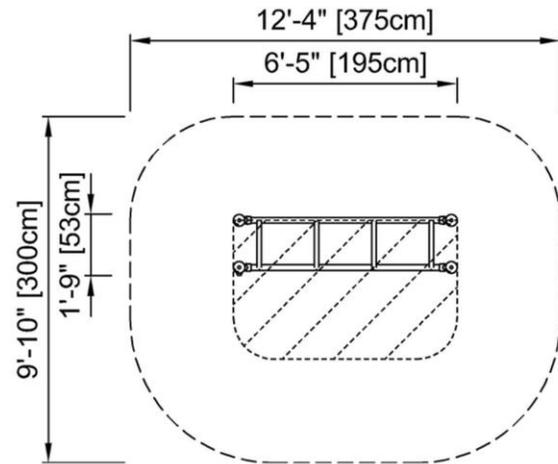
KOMPAN fitness products are standard available in Orange, RAL2010 and Grey, RAL7012. All other RAL colors are available on request. It will always be possible to match the surroundings or color theme!

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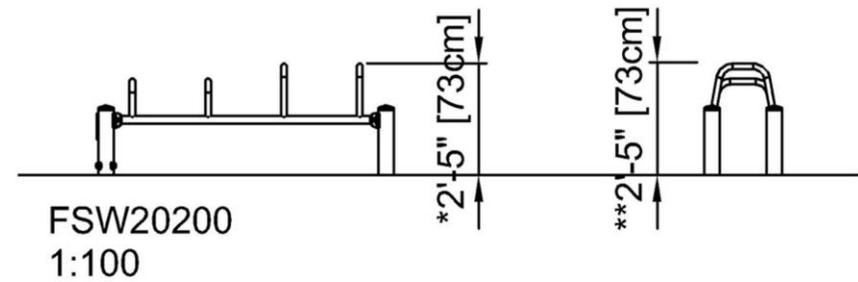
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* Max fall height | ** Total height | *** Safety surfacing area

* Max fall height | ** Total height



FSW20200
* 2'-5" / 73cm
** 2'-5" / 73cm
*** 110.9ft² / 10.3m²



[Click to see 1:100 ratio TOP VIEW](#)